

# 30 Days of GIVING



[www.10minuteparent.com](http://www.10minuteparent.com)

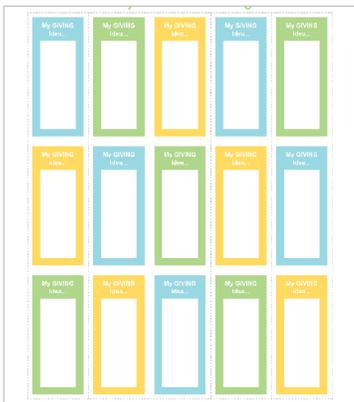
# Instructions - Page 2

1. You will need paper that is heavier-than-normal weight for printing. Staples has a great Professional Business paper by HP that is 48 lbs and prints beautiful colours. You'll also need scissors, a glue stick, a hole-punch, and a wide-mouth glass or jar to keep everything together on the kitchen counter. Ribbon is optional.

There are two "30 Days of GIVING" cards on page 3. Print as many copies as you need so there is one card per person. Print at least 2 copies of page 4, which gives you thirty "My Giving Idea" slips. Print one copy of page 5.



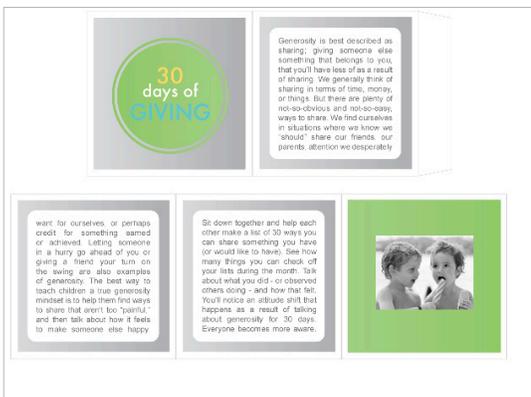
2. Cut out the "30 Days of GIVING" cards, fold them in half along the white line, flatten the crease and glue the front and back together. You can place them in a heavy book for an hour or two if you want to flatten them. Optional: punch holes in the top corners and add a decorative ribbon, as shown in the cover photo.



3. Cut out the thirty "My GIVING Idea" cards. They will go inside the envelope on page 5. You can print more if you like, but you will need a minimum of 30.



4. Fold the four flaps towards the blank inside of the envelope. Crease the folds. You can close the two outside flaps with small round circles of velcro (available at Staples), but it's not necessary.



5. You can leave the information booklet on page 6 as is, or cut, glue it together (using the blank tab at the end of the first row of squares), and then fold it into an accordion style booklet as you see in the cover photo.

### 30 days of GIVING

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### 30 days of GIVING

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### 30 days of GIVING

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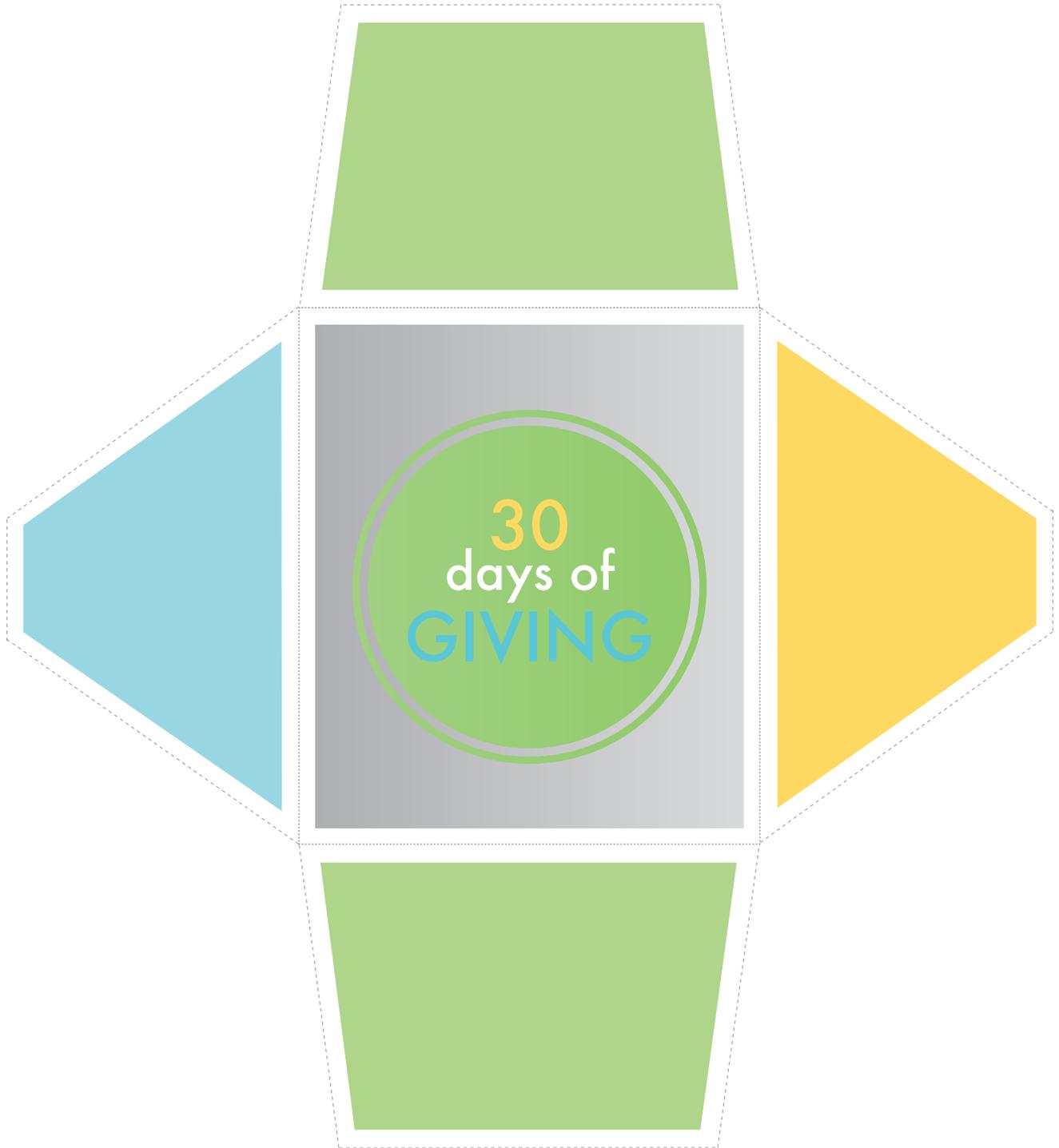
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# 30 Days of GIVING - Page 4

<p>My GIVING Idea...</p> 	<p>My GIVING Idea...</p> 	<p>My GIVING Idea...</p> 	<p>My GIVING Idea...</p> 	<p>My GIVING Idea...</p> 
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# 30 Days of GIVING - Page 5



# 30 Days of GIVING - Page 6



Generosity is best described as sharing; giving someone else something that belongs to you, that you'll have less of as a result of sharing. We generally think of sharing in terms of time, money, or things. But there are plenty of not-so-obvious and not-so-easy, ways to share. We find ourselves in situations where we know we "should" share our friends, our parents, attention we desperately

want for ourselves, or perhaps credit for something earned or achieved. Letting someone in a hurry go ahead of you or giving a friend your turn on the swing are also examples of generosity. The best way to teach children a true generosity mindset is to help them find ways to share that aren't too "painful," and then talk about how it feels to make someone else happy.

Sit down together and help each other make a list of 30 ways you can share something you have (or would like to have). See how many things you can check off your lists during the month. Talk about what you did - or observed others doing - and how that felt. You'll notice an attitude shift that happens as a result of talking about generosity for 30 days. Everyone becomes more aware.

